

## TERMS OF USE

I am so happy you've downloaded my **Busy Bugs Movement Cards!** I enjoy putting in the time to create these printables that help make learning fun. I hope you love this item as much as we do!

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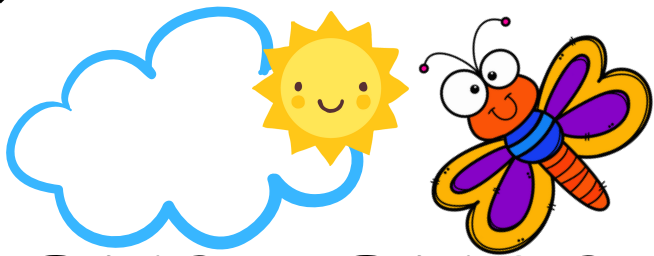
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If you have any questions please email me at [bre@highenergymommy.com](mailto:bre@highenergymommy.com)

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*Thank you!*



# BUSY BUGS

## Movement

### Cards



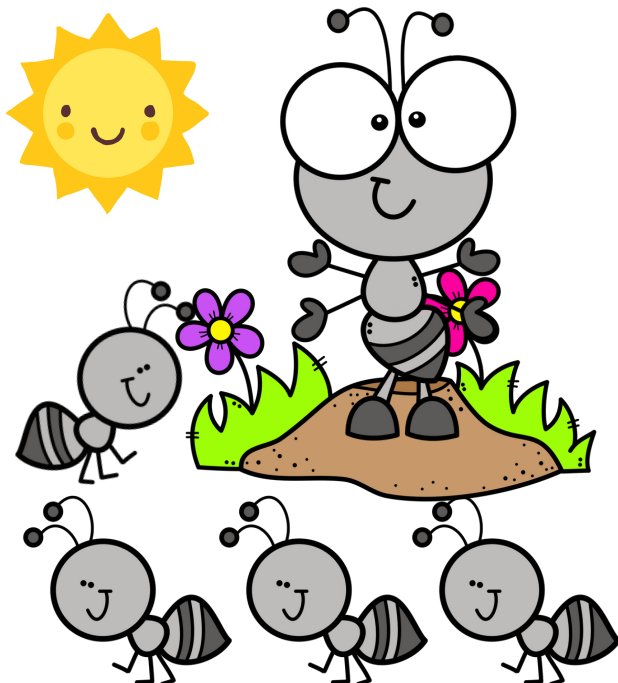
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#### How to use:

- Print cards and laminate \*OR\* print on heavy cardstock paper
- Cut out each card
- Shuffle the cards, then pick a card and call out a movement.
- Have your child/class do the movement.
- This can also be played with the cards flipped over then have the kid(s) draw cards themselves and do the movement.
- Great for getting that energy OUT!

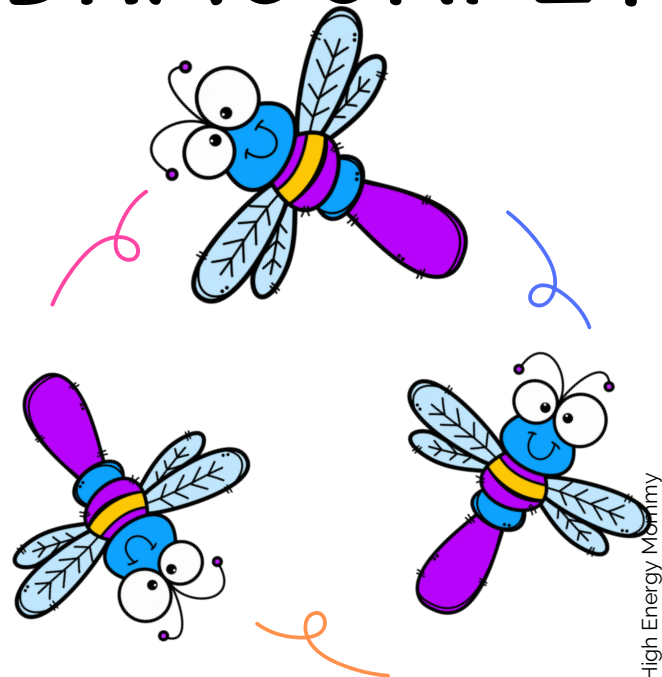
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## MARCH like an ANT



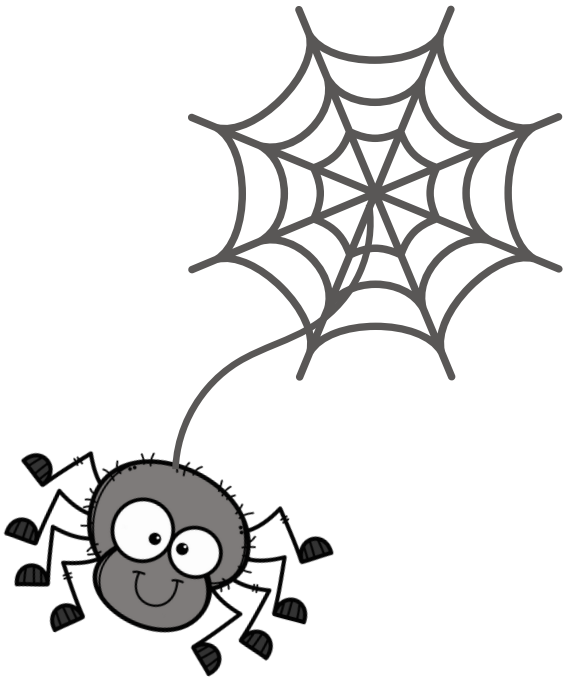
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## FLIP like a DRAGONFLY



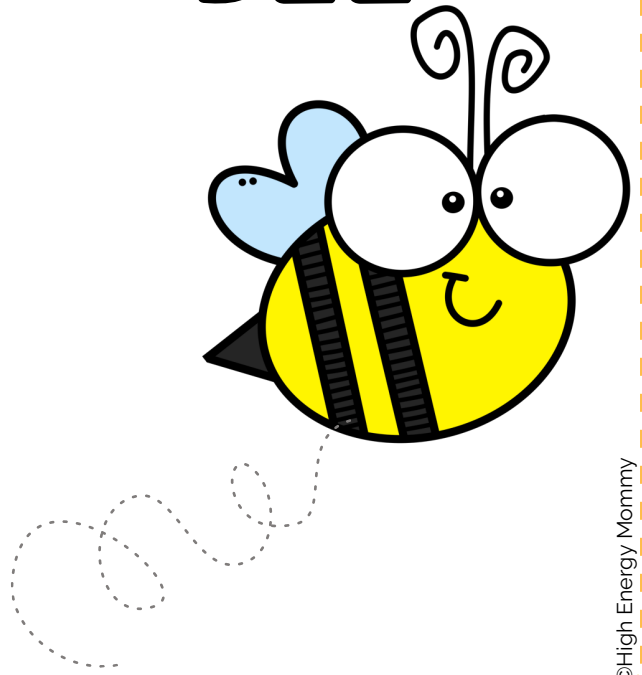
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SPIN like a  
**SPIDER**



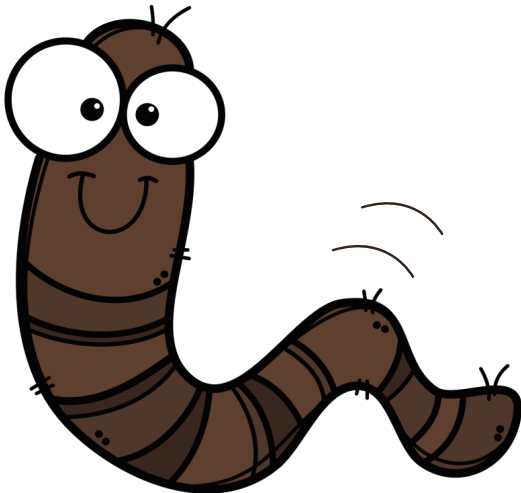
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DANCE like a  
**BEE**



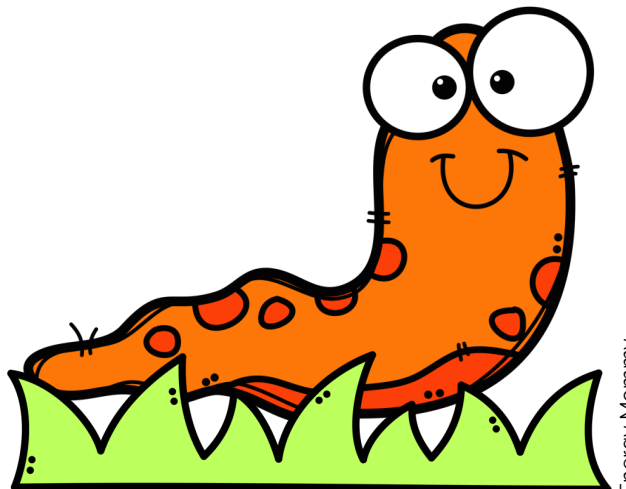
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WIGGLE like a  
**WORM**



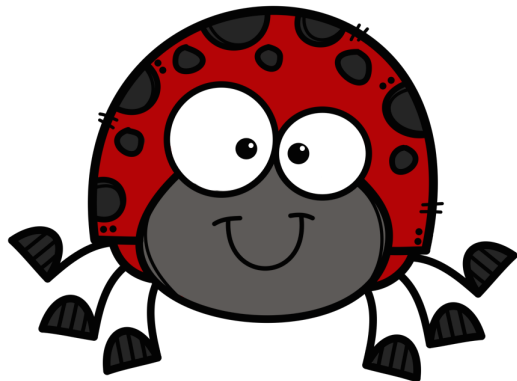
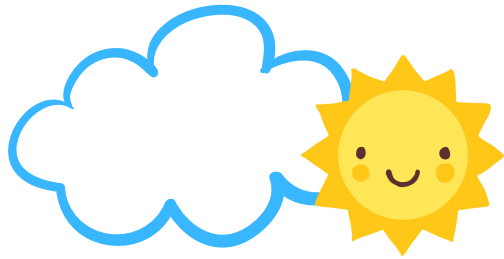
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SLIDE like a  
**SLUG**



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FLY like a  
**LADYBUG**



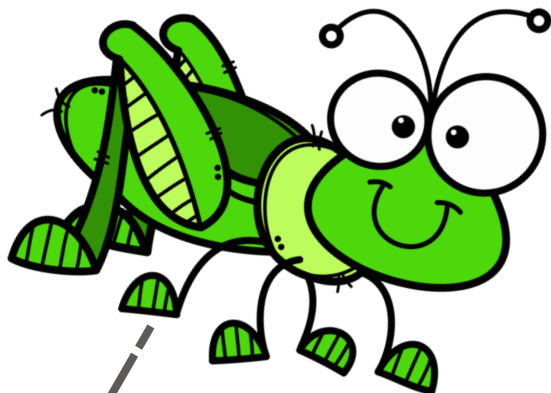
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ARCH like an  
**INCHWORM**



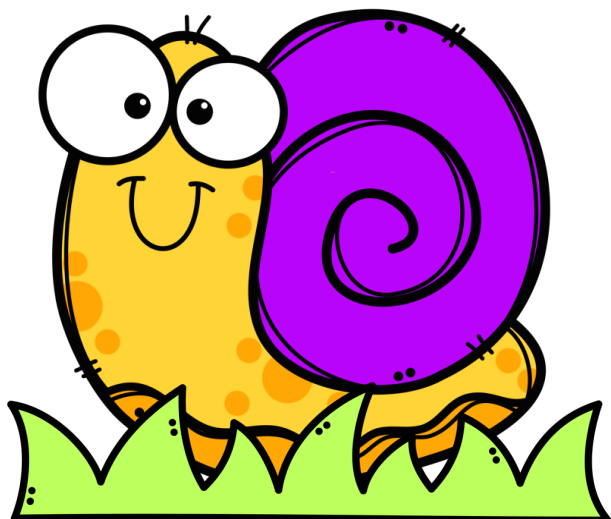
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JUMP like a  
**GRASSHOPPER**



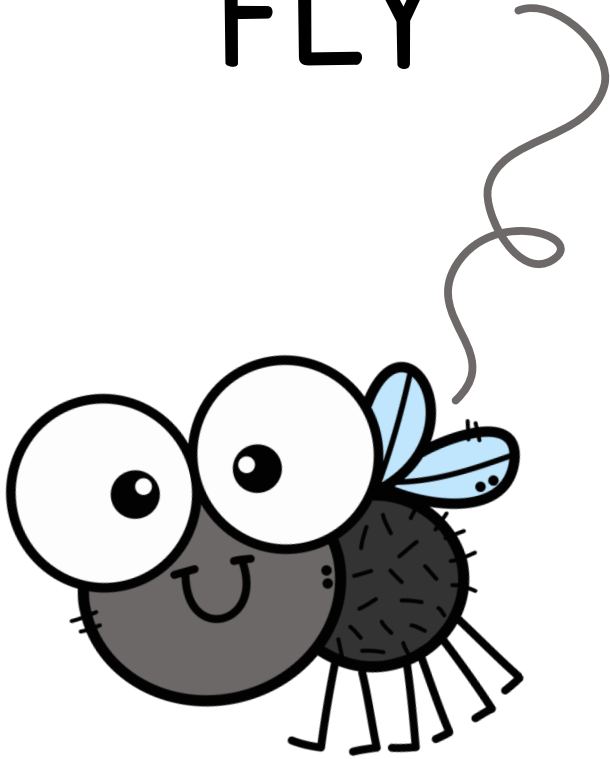
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CURL UP like a  
**SNAIL**



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FALL like a  
**FLY**



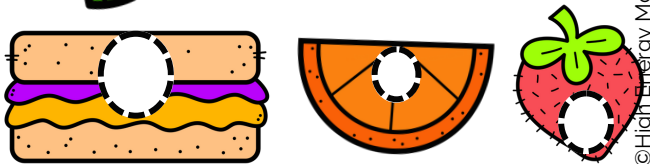
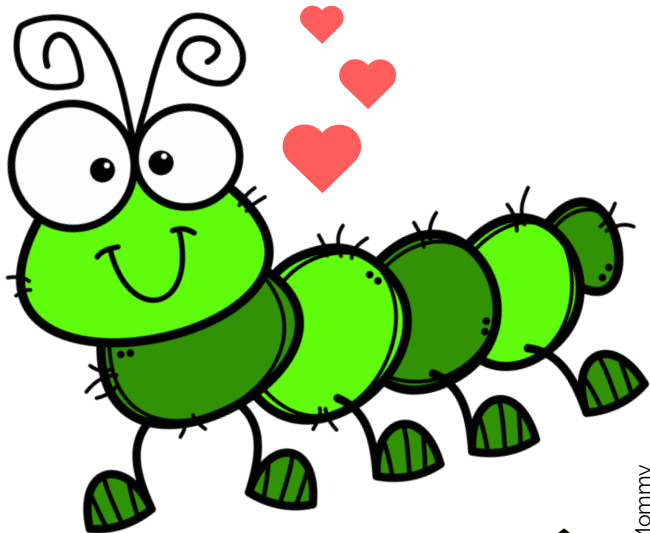
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BLINK like a  
**FIREFLY**



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CHOMP like a  
**CATERPILLAR**



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FLUTTER like a  
**BUTTERFLY**



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